



Traditional Certification

First steps to becoming certified through Traditional Certification:

- CAPP certification candidates must be at least **18 years of age**
- Complete the [Pre-Workshop Study Guide](#) and return to your trainer at least 7 days before the training.
- Become a [member](#) of CAPP.
- Attend a CAPP approved [Postpartum Doula training](#) (proof required).

After attending your in-person Postpartum Doula Training:

- Enter the program by enrolling in **CAPP Academy**. Be sure you enroll in the [Postpartum Doula Traditional Program in CAPP Academy](#). You will have access to CAPP Academy for 2 years. You have 2 years to complete all program requirements and send in to CAPP.
- Read the **CAPP Postpartum Doula Training Manual**
- Order, read, and watch the video clips from the [See What You Read: Mother and New Baby Care booklet](#) available in the CAPP shop.
- Read **9 books from Categories 2-9** on the [CAPP required reading list](#).
- Complete Part I of the **HUG Your Baby Training**. Special link provided in CAPP Academy
- Obtain **Infant/Child CPR certification** through the American Heart Association or the Red Cross.
- Obtain **two professional letters of recommendation** as listed in CAPP Academy.
- Obtain **three** evaluations from three postpartum doula clients with a continuum of care for no less than 1 week each and a minimum of 20 hours for each client. You must have worked with these clients **AFTER** your training.
- Complete a **Self Reflection / Evaluation form** based on each of the 3 families you worked with for certification. Use the Self Reflection / Evaluation form provided in CAPP Academy.
- Order, read, and complete all online content, including videos, from the **Understanding Breastfeeding Book** (available in the CAPP shop). Details/forms provided within CAPP Academy.
- Create a **resource manual** with information on local support. Specific list of required resources is in CAPP Academy.
- Pass the **multiple choice test** on postpartum topics in CAPP Academy with an 85% or better.
- Pass the **essay exam** in CAPP Academy. This is a pass/fail test
- Sign and agree to all **CAPP Policies** provided in CAPP Academy

Final Steps to Traditional Certification:

- Place all completed certification paperwork in [one large envelope and mail to CAPP](#).
- Make sure your **CAPP Membership is current**. All CAPP certified professionals are required to maintain continuous membership. A lapse in your CAPP membership will result in a \$50.00 reinstatement fee and all overdue membership dues must be paid. CAPP certified professionals who let their membership lapse more than 120 days must pay a \$100.00 reinstatement fee plus all past due membership dues.